FROME LIVESTOCK

AUCTIONEERS LTD

SALE REPORTS & INFORMATION WEEK ENDING 23RD FEBRUARY 2024

TOTAL HEAD SOLD 2224



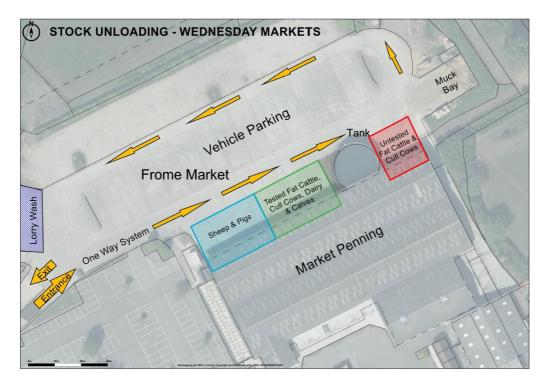
TRADE AT A GLANCE

PRIME CATTLE PRIME HOGGS DAIRY PIGS STORE STEERS TO 260P/KG TO 351P/KG TO £1800 TO £265 TO £1950

CULL COWSTO 240P/KGSTORE HOGGSTO £135.50CULL EWES/RAMSTO £149CALVESTO £370STORE HEIFERSTO £1805

Frome Livestock Market, Standerwick, Somerset, BA112QB 01373 830033 info@fromelivestock.com www.fromelivestock.com

PLEASE TAKE NOTE OF THE STOCK UNLOADING PLAN FOR ALL STOCK ENTERING THE MARKET FROM 14TH FEBRUARY 2024 ONWARDS



FARM ASSURANCE CAN WE PLEASE ASK ALL FARM ASSURED VENDORS THAT THE ASSURANCE STICKER ATTACHED TO YOUR ENTRY FORM IS UP TO DATE IF YOU ARE NOT FARM ASSURED PLEASE CONTACT YOUR VETS TO REGISTER FOR YOUR VET ATTESTATION CERTIFICATE TO SELL YOUR LIVESTOCK TO BUYERS WHO MAY EXPORT.

WEDNESDAY 21ST FEBRUARY 2024

The wet weather has not dampened spirits at Frome today with a great variety of store and finished stock on offer benefiting from a very strong trade in all sections. 1014 Prime hoggets selling to 320p/kg SQQ, Store hoggs to £135. Prime cattle and cows a dear trade with a few new faces around the ring. A decent show of pigs selling to demand and both Dairy and calves a firm trade.

TOTAL HEAD SOLD 1752

PRIME CATTLE (36) to 260p/kg or £1928 AUCTIONEER: BRADLEY TOWELL 07496 263916 Start 12.30pm

Prime cattle very much in demand again with 15 buyers present for all weights and grades. Mostly R/O grade cattle this week selling to a very strong trade with butchers' grade well finished stock commanding a premium.

TOP PRICE STEER	258p/kg	for a Charolais fror	n Blandford				
TOP PRICE HEIFER 260p/kg for a Hereford from VI & GR Doggrell							
UTM FAT TOTALS: No MIN P/KG MAX							
STEERS							
Light 100-500kg	3	228.00	249.00				
Medium 551-650kg	10	238.00	258.00				
Heavy 651+	3	253.00	258.00				
Heifers							
Light 100-500kg	8	224.00	254.00				
Medium 501-590kg	11	237.00	260.00				
Heavy 590+	1	242.00	242.00				

UTM STEERS (16) Max. 258p/kg & £1928

An excellent run of Angus steers from MF Green to 258p/kg, 257p/kg, 250p/kg, 249p/kg grossing £1551, £1546, £1526, £1508. Charolais steers with weight and frame to £1928 for an OTM from Longclose Farm and UTM Charolais steers from CR Hartley & Sons to 254p/kg and 253p/kg, grossing £1828 and £1819. Blue x from RJ Phillips & Sons to £248p/kg / £1447 and 245p/kg / £1394. Galloway steers from CP Groves to 249p/kg / £1227.

UTM STEERS							
BREED	MAX (p/kg)	VENDOR	MAX (£)	VENDOR			
Charolais	258.00	Longclose Farm, Blandford	1928	Longclose Farm, Blandford			
Angus	258.00	MF Green, Salisbury	1551	MF Green, Salisbury			
Galloway	248.50	CP Groves, Bridgwater	1227	CP Groves, Bridgwater			
Blue	248.00	RJ Phillips & Sons, Coleford	1447	RJ Phillips & Sons, Coleford			
Hereford	238.00	SG Flower, East Harptree	1436	SG Flower, East Harptree			

UTM HEIFERS (20) Max. 260p/kg & £1505

Native heifers topping at 260p/kg for a well finished Hereford x from VI & GR Doggrell grossing £1505 with others to 249p/kg and £1473. South Devon to 250p/kg from Longclose Farm and Charolais to 249p/kg. Angus from CR Hartley & Son to 254p/kg and 242p/kg from DO Webb. OTM Hereford heifers from SG Flower to 246p/kg and £1309.

UTM HEIFERS								
BREED	MAX (p/kg)	VENDOR	MAX (£)	VENDOR				
Hereford	260.00	VI & GR Doggrell, Wincanton	1436	SG Flower, East Harptree				
Angus	254.00	CR Hartley & Son, Woolley	1388	DO Webb, Stratton on the Fosse				
South Devon	250.00	Longclose Farm, Milton Abbas	1210	Longclose Farm, Milton Abbas				
Charolais	249.00	Longclose Farm, Milton Abbas	1043	Longclose Farm, Milton Abbas				
Blue	238.00	RJ Phillips & Sons, Coleford	1305	RJ Phillips & Sons, Coleford				

CULL COWS (59) Beef to 240p/kg Dairy to 236p/kg

Cull cows dearer on the week with 59 cows forward and 3 bulls. Strong competition for all grades with 14 buyers for cows. Hereford cull bulls to 156p/kg topping at £2024 and Angus to 152p/kg grossing £1431. Fast competitive bidding for cull cows seeing young Simmental x cows to 240p/kg grossing £1425. UTM Friesian cows to 236p/kg and £1448. Grade 1 Beef Shorthorn cows to 199p/kg and £1559. Limousin x cows to 195p/kg and Charolais to 190p/kg. Grade 1 cows Friesian cows to 188p/kg (twice) grossing £1584, £1509, £1486, £1480 and £1394. Grade 2 cows with feeding potential 170p/kg to 190p/kg and grade 2 Dairy from 158p/kg to 174p/kg. Grade 3 cows to 175p/kg with the majority 145p/kg+. Grade 4 cows from 125p/kg to 128p/kg with the very plainer cows 110p/kg+.

CULL COWS							
BREED	MAX (p/kg)	VENDOR	MAX (£)	VENDOR			
Simmental	240.00	K & R Hickery, Bristol	1425	K & R Hickery, Bristol			
Friesian	236.00	Snook Ltd, Yeovil	1584	RL Clapp & Sons, Glastonbury			
Limousin	195.00	PW Sherborne & Partners, Chelwood	1069	PW Sherborne & Partners, Chelwood			
Charolais	190.00	Church Farm Publow LLP, Pensford	1364	Chruch Farm Publow LLP, Pensford			
Angus	184.00	PE Webb, Pucklechurch	1486	PE Webb, Pucklechurch			
Fleckvieh	174.50	RL Clapp & Sons, Glastonbury	1479	RL Clapp & Sons, Glastonbury			
South Devon	176.00	Church Farm Publow LLP, Pensford	1184	Church Farm Publow LLP, Pensford			
Blue	166.00	J Gray, Hordle	1138	J Gray, Hordle			

Steve & Anna Chubb

Trading as John Cooper Livestock Services



FOR ALL COLLECTIONS PLEASE RING

STEVE: 07831 383392 WILLIAM: 07825 252198 ANNA (Accounts): 07818 401491

Email: johncooperlivestockservices@gmail.com

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SHEEP (1512) Start 10.30am AUCTIONEER: ROSS WHITCOMBE 07815 985 737 PRIME HOGGETS (1014) Max 351p/kg £189

Records smashed all ways today! Record entry of February top price, record pence per kilo and a record average per head! Over 1000 hoggs flying to 357p/kg topping at £189 and averaging 320p/kg and £143.12 per head all in! Super lights to 325p/kg and £102.50 from I Welby, Isle of Wight. Lights to 324p/kg from Fonthill Farms, Salisbury and Thornhill Farm, Dorset and £121 from SJ Wheeler. Handy weights to 357p/kg and £154.50 from L Barfoot, Bayford. Heavies to 341p/kg from Wallmead Farms Partnership and £164 from TFT Handy. Over 52kg to 318p/kg from Purse Caundle Estate Farm and £189 from Richard Lewis.

CULL EWES (177) Max £149

A superb entry of cull ewes which sold to a stunning trade and would be some $\pounds 20 - \pounds 30$ up on the week. Best ewes to £149 from P Woodrow, North Country mules £120+ from Steve Carnie & family and David Butler. Hill speckle ewes $\pounds 90+$ from Mike Knowles & Sally Withers. More ewes could have been sold to the advantage.

STORE HOGGS (321) Max £135.50

A large entry of 324 store hoggs which sold to a flying trade, topping at £135.50 from B Robinson of Fordingbridge. Plenty of hoggs £120+ with only very small under £100. Overall average £98.76.

	PRIME HOGGETS							
KG	£	Vendor						
68.00	189.00	R Lewis, Melksham						
58.00	184.50	Purse Caundle Estate Farm, Sherborne						
57.00	172.00	C Tucker, Devizes						
54.00	168.50	C Tucker, Devizes						
53.00	166.50	Biddesden Farm Partnership, Andover						
54.00	165.50	C Tucker, Devizes						
52.00	164.00	TFT Handy, Purton						
49.00	158.00	AJ & RG Barber Ltd, Shepton Mallet						
48.00	157.00	Wallmead Farms Partnership, Timsbury						
44.00	154.50	L Barfoot, Wincanton						
43.50	147.00	Wallmead Farms Partnership, Timsbury						
42.00	146.00	Wallmead Farms Partnership, Timsbury						

PLEASE NOTE: ALL SHEEP 0-12 MONTHS REQUIRE 1 TAG ALL SHEEP OVER 12 MONTHS REQUIRE 2 TAGS

PIGS (213) Start 10am AUCTIONEER: WILL WALLIS 07833 453482

A smaller entry this week but but vendor and buyers travelling from Exeter, Shrewsbury and Cheshire to Frome. Trade generally a lot brighter in all sections. **FAT PIGS (48)**

A much smaller entry of fat pigs this week sold to a similar trade. Best heavies to £212 and £172 from FE White of Swindon. Other heavies to £182 from Durnell & Sons and £180 from V & H Christopher. Lighter weight, coloured pigs sold well with light Saddlebacks to £133 for IC CA & JC Carter. Others to £148 from PB Weeks.

STORE PIGS (58)

Trade much better with young 8w/o weaners to £55 from PA Scott. Stronger 12 w/o White stores to £74 from J Townsend. Saddleback stores to £70 from IC CA & JC Carter and £82 for D May.

CULL SOWS & BOARS (105)

Trade still good for all culls forward. Cull boars to £265 from Mr T Evans of Shrewsbury. Best culls sows to £246 from Mr C Down and £230 for FE White & Son. Overall average of £171.98.

BREEDING PIGS (2)

Pedigree Oxford Sandy Black breeding gilts to £125 from J Povey.

NEXT PIG SALE: WEDNESDAY 6TH MARCH

ALL PIGS MUST BE PRE-ENTERED TO ENABLE US TO INFORM BUYERS

DAIRY (28) Start 11am AUCTIONEER: TREVOR ROWLAND 07968 480401

Calved Holstein Friesian Heifers £1800

A super day in this section and trade somewhat brighter than the weather. A general shortage of fresh milk but plenty of demand for those on offer. Super types from RJ Goss & Son at £1800 and £1700 from HJ Masters & Son. Another good consignment of both Friesian Holstein and first Jersey x in calf cows from Reads Farm Partnership, IOW. Demand once again very strong for these quality homebred April/May due Dairy cattle. Best Friesian Holstein due with 3rd to £1510 and 4th- 5th down calvers regularly £1300 - £1400. Their 1st cross Jersey 2nd lactation cows also saw keen interest seeing prices often over £1000 and topping at £1160.

Wednesday 28th February

Weekly sale of Dairy cattle entries to include: 9 In calf British Friesian heifers (24 – 30mo) Due April to Pedigree Hereford (PD+) Homebred, Cubicle trained, low input herd. Average 6000Litres, BF 4.5%, PRO 3.3%, Farm assured, BVD, IBR & Lepto Vacc. Sires: Goonhilly Joseph (BF) and Peartree Georgson (BF). Further entries anticipated.



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CALVES (117) Starts 9.30am AUCTIONEER: TIM HECTOR 07818 056 049

A few more braved the weather and were well rewarded for their efforts. A fast trade for all calves through the ring.

CONTINENTAL BULLS TO £370 / HEIFERS TO £242

Almost all Blues forwards and all grades wanted; no "out and out" 1st quality forwards but good medium sorts sold very strongly. A smart Blue bull from Wardour Farms sold to £370. A super run of well-shaped bulls from AK Hosie & Sons sold from £220 - £278. Best Blue heifers to £242 from AJ Langley with others to £240. Almost all bulls £150 - £200 and heifers £130 - £180.

NATIVE BULLS TO £220 / HEIFERS TO £158

Plenty of Angus forward but Herefords in short supply; buyers keen for all grades of both breeds, bulls and heifers. Hereford bulls to £220 from B & D Dawe-Lane. Angus bulls to £200 from J Hill and heifers to £158 from SC Eavis.

DAIRY TO £72

A few more forward, but mainly smaller, plainer sorts; most over £30 to top at £72 from JE & NM Vickery Ltd.

NEXT REARED CALF SALE: WEDNESDAY 28TH FEBRUARY PLEASE CALL EITHER OF THE NUMBERS BELOW BY TUESDAY PM TO PRE-BOOK CALVES SO WE CAN INFORM BUYERS OF STOCK COMING Tom Rogers: 07384 462288 Tim Hector: 07818 056049

WEEKLY TOP PRICE CALF WINNER!



This week's winner of £25 for the top price Continental Sired Bull under 41 days was a Blue at £370 from Wardour Farms.

Next week's calf prize will be for the top price Holstein/Friesian.

Sponsored by **Howard & Sons** Dealers for Kubota, Nugent & Ritchie Devizes Wiltshire SN105SQ Tel: 01380 723986

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Help us Shape the Future of dairy

We're inviting levy payers to register with us to have a say on the vital work we do to support farming.

Registration is quick and easy – visit <u>https://ahdb.org.uk/shape-the-future</u> and fill in some basic details. Once we've checked these, we will contact them again in April 2022 when it's time to get their views.

We want as many levy payers as possible to get involved. As a key stakeholder to AHDB, you can help by:

- · Encouraging levy payers to register with AHDB and have their say
- · Follow our social media channels: Twitter @AHDB_Dairy & Facebook @AHDBDairy
- · Like and share our posts or create your own to say why it's important for levy payers to have their say

We are committed to listening to levy payers and industry stakeholders about the challenges they face, and the role that we can play in enabling success in the farming industry. We want to ensure that the levy collected for each sector works hard for the benefit of that sector.

For more information, visit https://ahdb.org.uk/shape-the-future .

FRIDAY 23RD FEBRUARY 2024 STORE CATTLE

TOTAL HEAD SOLD 472

Starts 10.30am AUCTIONEERS: TREVOR ROWLAND BRADLEY TOWELL LESTER WILLIAMS

07968 480 401 07496 263 916 07778 646 031

STEERS TO £ 1950 HEIFERS TO £1805

The lightning trade produces record prices of £1950 twice in one week. Please take advantage of this fierce bidding by selling early season in both our regular Friday market and monthly Monday Orange markets.

YOUNG CONTINENTAL

No weakening of demand for the stores and the younger Continentals again on fire this week. Smart single Charolais and Simmentals were more in abundance which saw plenty 8 - 10 over £1100 and the best over £1300. In addition, we saw good consignments of Blue x Dairy bred young cattle which created quite outstanding prices. More can easily be sold on this blistering trade.

YOUNG STEERS				YOUNG HEIFERS			
BREED	£/ HEAD	AGE	VENDOR	BREED	£/ HEAD	AGE	VENDOR
Limousin	1525	15mo	PF Best & Son, Wareham	Simmental	1240	17mo	K & R Hickery, Bristol
Simmental	1480	15mo	PF Best & Son, Wareham	Charolais	1095	16mo	D & GJ Stevens, Maiden Bradley
Charolais	1315	14mo	D & GJ Stevens, Maiden Bradley	Blue	998	17mo	K & R Hickery, Bristol
Fleckvieh	1120	17mo	HJ Moody & Son, Templecombe	Angus	955	16mo	KE & AM Rostigina, Brokenhurst
Blue	1100	14mo	PE King (Bristol) Ltd, Iron Acton	Limousin	830	15mo	WS Stitch, Axbridge
Angus	1062	12mo	MJ Coombe, Weymouth	Hereford	742	17mo	DC Aylesbury, Westbury
ANCHE				1			

ANGUS & HEREFORD

Frome goes from strength to strength with premium prices paid for named sired, farm assured, well reared stock. Best presented steers sold well from £1685 to £1795 at only 23mo. Younger steers also keenly sought after to £1365 at 19mo and yearlings from £990 to £1005. Best heifers wanted selling from £1485 to £1500 only 23 – 29mo and 19mo to £1285. Younger heifers with bulling potential met a strengthening demand with 16mo heifers to £955.

FRIESIAN

A storming trade for Dairy x steers with the strongest sorts from HJ Moody & Son topping at £1360 for Fleckvieh steers. Holstein Friesians with weights and frame to £1280 from Hollands Farms. Heifers from HJ Moody & Son to £1330. Improving type Friesian steers with potential to gain finish £1000+.

FORWARD CONTINENTAL

A stronger entry of forward cattle produces another stunning trade with fierce bidding from start to finish. Today's outstanding consignments made record prices with the best steer to £1950 (23mo) and several sold between £1525 (only 15mo) to £1795 (23mo). Quality heifers also in demand with excellent conformation Charolais heifers selling to a strong bulling trade of £1805 (over £3/kg) and closely followed at £1725 and Blue heifers to £1795. What a trade. A massive thankyou to all vendors for presenting such quality entries.

	FORWARD STEERS			FORWARD HEIFERS			
BREED	£/ HEAD	AGE	VENDOR	BREED	£/ HEAD	AGE	VENDOR
Charolais	1950	23mo	MJ Coombe, Weymouth	Charolais	1805	27mo	PW Fry & Son, Calne
Charolais	1795	23mo	MJ Coombe, Weymouth		1725	23mo	MJ Coombe, Weymouth
Angua	1795	23mo	TH Griffin, Somerton	Blue	1705	24mo	Gunville Livestock, Blandford
Angus	1685	23mo	TH Griffin, Somerton		26mo	HJ Moody & Son, Templecombe	
Blue	1675	23mo	Eastbury Livestock, Blandford Forum	•	1500	29mo	PW CC & JC Gould, Norton Ferris
Biue	1390	200	Pinniger & Sons, Calne	Angus	Angus 1485	23mo	Hollands Farms Blandford Ltd
Limousin	1600	29mo	PW CC & JC Gould, Norton Ferris	Fleckvieh	1330	28mo	HJ Moody & Son,
Liniousin	1570	26mo	Eastbury Livestock, Blandford Forum	FIECKVIEII			Templecombe
	1360	19mo	HJ Moody & Son, Templecombe		1320	28mo	PW CC & JC Gould, Norton Ferris
Fleckvieh	1120	18mo	HJ Moody & Son, Templecombe	Simmental	1105	19mo	J Coleberd Services, Corscombe
Simmental	1342 19m	10mo	J Coleberd Services,	Hereford	1205	26mo	RE & D Woodward, Norton Ferris
Simmental	1342	19110	Corscombe		1125	23mo	S Lloyd-Harris, Bridport
Friesian	1280	25mo	Hollands Farms Blandford Ltd	Limousin	1160	21mo	RH Groves & Sons, East Harptree

MONDAY 19TH FEBRUARY TB RESTRICTED SALE STORES

STEERS TO £1950

HEIFERS TO £1525

PRIME CATTLE TO 255P/KG £1599

Prime cattle selling very well with trade the same as normal Wednesday markets. 10 buyers around the ring for prime cattle and cull cows. A good run of well-fed Hereford heifers achieving 255p/kg, 254p/kg, 247p/kg, 243p/kg grossing £1559, £1511, £1420 and £1301. Limousin heifers to 243p/kg and £1299. Holstein Friesians 230p/kg and £1385.

CULL CATTLE TO 239P/KG £1597

A very competitive trade for cull cows with a super Lim x cow to 239p/kg grossing £1597. British Friesian cows to 189p/kg, 187p/kg, 182p/kg grossing £1351, £1335, £1152 and Sim x feeding cows to 170p/kg.

STORES (213)

Tremendous trade with prices equal to weekly Friday market.

CONTINENTAL

What a day for the continentals. Plenty of well conformed cattle particularly BBX forward for sale. Even the younger types 14-15m were well grown and carrying good condition and shape. All were easily sold to a blistering trade which produced prices over £1700 and peaked at £1950. A really strong TB market again and clients who are restricted should take advantage of this monthly sale.

ANGUS/ HEREFORD

A quite outstanding day in the store ring and one of the largest compliment of buyers present in recent times. Demand for the more traditional breeds was excellent from start to finish and prices easily on a par with Friday market. Forward steers & heifers regularly £1250-£1500 and all were wanted with the best at £1700. A few less, bigger Herefords for this sale but a number of the younger sorts were well grown and easily sold.

FRIESIAN

A number of better forward Friesian Holstein on offer for this month's sale and plenty of buyers were present for these finishing types. More could have been well sold!

	STORES								
	STEERS				HEIFERS				
BREED	D $\frac{f}{HEAD}$ AGE VENDOR BREED $\frac{f}{HEAD}$				AGE	VENDOR			
Blue	1950	30mo	DH Masters & Son, Maperton	Blue	1525	30mo	DH Masters & Son, Maperton		
Angus	1700	29mo	DH Masters & Son, Maperton	Angus	1415	31mo	DH Masters & Son, Maperton		
Friesian	1420	26mo	WFH Francis & Son, Hemington	Friesian	1165	25mo	AW Doel & Sons Ltd, Chippenham		
Hereford	1370	32mo	AW Doel & Sons Ltd, Chippenham	Hereford	1085	25mo	RH & CM Johnston, Mappowder		
Limousin	1315	16mo	Merryfield Farmers, Shepton Mallet	Simmental	852	15mo	Merryfield Farmers, Shepton Mallet		

CALVES TO £470

Another good run of cattle here at Frome, saw all grades selling well. The price gap between young restricted and young clean stock certainly seems to be getting smaller.

CONTINENTAL BULLS £470 HEIFERS £270

A smart run of 5m BB bulls looking well sold to top at £470, slightly younger 4m BB to £398 & £350, younger again 3-4m to £240-£250. Heifers from the same home again a good trade from £250-£270. 3–6 week-old BB bulls to £150/ heifers to £120.

NATIVE BULLS £402 HEIFERS £270

Good 5m AA bull to £402 and a tidy AA heifer to £270. Nice run of harder types 3-4m to £280. Strong HEX bulls only 6-8 weeks to £275, heifers to £218. Average sorts all trading from £80-£140.

DAIRY

Strongest sorts to £280 for a 6m Jersey bull, Jersey heifers to £250. Solid British Friesians to £195 (only 6-8 weeks). Holstein Friesian bulls 1m to £93. Only the very youngest/smallest below £40.

Please note Calves/Stirks to be sold following the sale of Store Cattle. Vendors please pre book you calves/stirks so we can advise buyers of numbers forward. A big thank you to all who supported this sale. NEXT ORANGE RESTRICTED SALE

MONDAY 18TH MARCH



Chaplain's Prayer

Hebrews 12, 12-13: Therefore lift your dropping hands and strengthen your weak knees; and make level paths for your feet, so that what is lame may not be put out of joint, but rather be healed'

This month we remember all those who suffer from poor mental health; anyone who because of their health finds regular exercise a real challenge? We remember those in the farming community who find the long dark

days of winter a struggle...and in particular those known to us Hold me steady Lord. Let not wind or storm erode my roots. Let me be strong like an oak tree, tall and grace filled, budding with great expectation of better things to come; bending gently through each different season, waiting with patience for change. Hold me steady Dear Lord, Strong and Healthy, mindful and Always thankful for your continued Provision!

The farming community recognise the strident work that FCN(farming community network)do, and as such are extremely generous in support of their work by raising funds to help struggling Farmers and their workers!

The Princes Countryside fund produced the' Great Grazing Guide' in response to high fertilizer input costs...it looks at the range of techniques and methods, including those from regeneration and grazing management...how to produce good sustainable grazing from very little fertilizer and subsequently needing less concentrates!?You can get information from this website www.princescountrysidefund.org-uk/how-we-help/familyfarmbusinesses/fertilizer Here are useful numbers of help agencies if you or anyone you know needs support and fellowship? The farming community network:03000 111 999 help@fcn.org.uk; RABI 0808 281 9490; Samaritans 116 123 or jo@samarians.org

Make a point of contacting a farming neighbour whom you know may need help?

I can be reached on 07880770887... Blessings to you all...see you Wednesdays at Frome Livestock market, Standerwick. Please do approach me to chat!! Neville Dyke (Chaplain)









REGULAR WEDNESDAY CLINICS

FREE NHS Health Checks every 2nd and 4th Wednesday FREE Podiatry services every 1st and 3rd Wednesday

The Health Hub is available to all farming or agricultural workers and their families, no matter where you live.

Come and see us for:

- Health and wellbeing checks
- Advice on lifestyle and concerns affecting your emotional wellbeing
- Guidance towards any support you may require in the future

No appointments necessary, just call in and speak to one of our volunteers.

FCN COMMUNITY

HEALTH HUB 9am – 1pm **Drop In**

Mole Valley

No appointment needed Wednesday 28th February

Wednesday 13th March

FOOT CLINIC 9am – 1pm Please check availability **Pre-booking required**

Wednesday 20th March

Wednesday 3rd April



FREE PROSTATE CANCER TESTING EVENT



Saturday 23rd March 10am-4pm

Frome Methodist Church Wesley Slope BA11 1EU

Frome Lions Club are hosting this **FREE** event in conjunction with Somerset Prostate Support Association (SPSA) and Frome Freemasons on Saturday 23^{rd} March 10 am – 4 pm for men aged 40 and over.

Every year in the UK 40,000 men are diagnosed with Prostate Cancer and around 10,000 die from the disease. Early diagnosis can be crucial to successful treatment.

Appointments take 10-15 minutes and MUST be BOOKED IN ADVANCE. It will NOT be possible to be tested on the day without a prior appointment.

All tests are confidential and are carried out by qualified medical practitioners.

For any questions regarding the tests please contact Peter Hopwood;-

telephone 01458 441669 or email peterhopwood46@gmail.com

Donations to SPSA for future testing events will be gratefully received

To book your appointment at a time to suit you;-

- (1) Visit <u>https://mypsatests.org.uk/Events/</u> or via the link on Frome Lions Website <u>www.fromelions.org.uk</u>
- (2) register yourself using your email address.
- (3) click "Find an event" search for SPSA and Frome Lions.
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