



FREE CONFIDENTIAL HEALTH CHECKS

MONTHLY CLINICS DATES TO BE ANNOUNCED

The Health Hub is available to all farming or agricultural workers and their families, no matter where you live.

Come and see us for:

- Health and wellbeing checks
- Advice on lifestyle and concerns affecting your emotional wellbeing
- Guidance towards any support you may require in the future

No appointments necessary, just call in and speak to one of our volunteers.









