

# Frome Market



## REGULAR WEDNESDAY CLINICS

**FREE NHS Health Checks every 2nd and 4th Wednesday**

**FREE Podiatry services every 1st and 3rd Wednesday**

The Health Hub is available to all farming or agricultural workers and their families, no matter where you live.

### Come and see us for:

- Health and wellbeing checks
- Advice on lifestyle and concerns affecting your emotional wellbeing
- Guidance towards any support you may require in the future

**No appointments necessary, just call in and speak to one of our volunteers.**

